



Foot of the Rockies
150 E. Harmony Rd. 2-C
Fort Collins, CO 80525



RACE SCHEDULE

The Northern Colorado 2012 Race Schedule (subject to change/race director)

Race	Location	Race Director	Contact
DATE/TIME 2/11 10a	<i>Sweetheart Couples Classic 4 mile</i>	<i>Loveland/The Ranch</i>	<i>Nicole Buesing</i> nicolebuesing@gmail.com
2/29 5:15p	<i>Leap Day 5K</i>	<i>Front Range Village Runners Roost</i>	<i>Connie Demecurio</i> connie@ps-s.org
3/17 8:30a	<i>Sharin' O' the Green 5K</i>	<i>Odell Brewing Co</i>	<i>Ivan Jackson</i> Greg@partnersmentoringyouth.org
3/25 9a	<i>JourneyQuest 5K</i>	<i>FTC Ft. Collins Club</i>	<i>Debbie Jorgenson</i> dj@Synergetics.com
4/14	<i>Feel the Energy Family 5K</i>	<i>Denver</i>	<i>Lisa Roy</i> lisa.roy@encana.com
4/15 9a	<i>Flying Pig 5K</i>	<i>FTC Spg Canyon</i>	<i>Pam Miller</i> pamm@foothillsgateway.org
4/21 9a	<i>Fast & the Furriest 5k</i>	<i>FTC/CSU Oval</i>	<i>Drew</i>
4/22 8:30a	<i>Horsetooth Half Marathon</i>	<i>FTC CRD 42C</i>	<i>Steve Cathcart/Lisa Sinclair</i> steve@runnersroostftcollins.com
4/28 9a	<i>Fast and the Furriest 5K</i>	<i>CSU Oval</i>	<i>Drew Henschen</i> Henschen.Drew@gmail.com
5/6	Colorado Marathon	Fort Collins	brian@runnersroostftcollins.com
5/1	Crazy Leg's 10k + Trail Run	Loveland	
5/5 8a	<i>Cinco Cinco 5K</i>	<i>FTC CSU Oval</i>	<i>Loretta Capra</i> Loretta.Capra@ColoState.EDU
5/28 9a	<i>Fit Family 5 Mile</i>	<i>Estes Park</i>	<i>Sherami Payne</i> sherami@deliverybizpro.com
5/22	Lori State Park Trail Race	Fort Collins	Brian Cathcart brian@runnersroostftcollins.com
6/02 9a	Sierra's Race Against Meningitis	Loveland	Jon & Lisa Krizman ShelisaK@aol.com
6/17 8a	Father's Day 5K	Old Town	Ft. Collins Parks & Rec. jwalusis@fcgov.com
6/24 8a	<i>Grit 5k</i>	<i>CSU Oval</i>	<i>Bill Greenwood</i> gritwrestling@yahoo.com
6/26	Horsetooth Mountain Trail Race	Fort Collins	corunboy@comcast.net
7/4 8a	<i>FireCracker 5K</i>	<i>FTC/City Park</i>	<i>Ruth Inglis-Widrick</i> firecracker5k@gmail.com
7/4 8a	<i>Race Against Cancer 5K</i>	<i>Greeley</i>	<i>Brent Peterson</i> brent.peterson@unco.edu
7/15 8a	<i>KRFC Radio Flyer 5K</i>	<i>FTC/Avogadros</i>	<i>Kristen Rassmusen</i> kristen@krfcfm.org
7/10	Red Mountain Half Marathon	Fort Collins	Dennis Vanderheiden corunboy@comcast.net
7/28 8a	<i>Run for Hope 5k</i>	<i>FTC/City Park</i>	<i>Shannon Medlicott</i> smm13@pvhs.org
7/28 8a	<i>Reece's Roundup 5K</i>	<i>Castle Rock</i>	<i>Susan Eacret</i> sue.eacret@yahoo.com
8/6	Human Race 5k/10k & Healthy Kids	Fort Collins	Steve Cathcart steve@runnersroostftcollins.com
8/9 6:30pm	<i>Mountain Avenue Mile</i>	<i>FTC/Mountain & Mason</i>	<i>Jane Welzel</i> jwelzel@frii.com
8/3 & 4	Wild West Relay	FTC/Budweiser	Paul Vanderheiden www.wildwestrelay.com
8/17 7pm	<i>Valley 5000</i>	<i>Loveland</i>	<i>Jeannie Boswell</i> bosweJ@ci.lovelan
8/26 8a	<i>Fossil Frenzy 5K</i>	<i>FTC/Fossil Creek Park</i>	<i>Kevin & Kathy Baker</i> kbcolorado@comcast.net
9/16 8a	<i>Crossroads Half Marathon and 5K</i>	<i>FTC Buckingham Park</i>	<i>John Lonsdale</i> jilons26M@friicom
10/8 9a	<i>Flame Out 5K</i>	<i>FTC/PFA Sta.3</i>	<i>John Lonsdale</i> jilons26M@friicom
10/15 9a	<i>CSU Homecoming Race 5K</i>	<i>FTC/ CSU Oval</i>	<i>Gay Israel</i> Richard.Israel@ColoState.edu
10/27 9a	<i>CSU Triathlon Club 5K</i>	<i>FTC/CSU Oval</i>	<i>Ashley Nice</i> ashlevqnice@yahoo.com
10/28 9a	<i>Spooktacular 5K</i>	<i>FTC/Spring Canyon Park</i>	<i>Tej</i> tejkiranb@gmail.com
11/10 8a	<i>Veteran's Day 5K</i>	<i>FTC/CSU Oval</i>	<i>Kelly Dowd</i> kelly.e.dowd@gmail.com
11/22 9a	<i>NMC Turkey Trot 5k/2k</i>	<i>Greeley/North CO Medical Center</i>	<i>Craig DeKraai</i> craig.dekraai@bannerhealth.com
12/11 9a	<i>Christmas Classic 4 Mile</i>	<i>FTC/Foot of the</i>	<i>John Lonsdale</i> jilons26M@friicom



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		<i>Rockies</i>		
<i>12/31 7p</i>	<i>Resolution Run 5K</i>	<i>FTC/CSU Clark Bldg.</i>	<i>Lex Krausz</i>	<i><u>ajkrausz@gmail.com</u></i>